



**Ingatestone & Fryerning
Parish Council**
NEWSLETTER
**SPRING
2024**



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CHAIR



Paul Jeater
paul.jeater@ingatestone-fryerningpc.gov.uk
Facilities, Legal & Finance, NPIC, Personnel

MEMBERS



Pete Batchelor
peter.batchelor@ingatestone-fryerningpc.gov.uk
NPIC, Planning & Highways



Bradley Bull
bradley.bull@ingatestone-fryerningpc.gov.uk
Legal & Finance



Peter Davey
peter.davey@ingatestone-fryerningpc.gov.uk
Legal & Finance, Planning & Highways



Lee Emmett
lee.emmett@ingatestone-fryerningpc.gov.uk
Facilities



David Greenwood
david.greenwood@ingatestone-fryerningpc.gov.uk
Planning & Highways



Martyn Hart
martyn.harte@ingatestone-fryerningpc.gov.uk
Legal & Finance, NPIC, Personnel



Rachel Lee
rachel.lee@ingatestone-fryerningpc.gov.uk
Facilities, Personnel



Marilyn Marston
marilyn.marstone@ingatestone-fryerningpc.gov.uk
Facilities, NPIC, Personnel



Julie McGuinness
julie.mcguinness@ingatestone-fryerningpc.gov.uk
Legal & Finance, Planning & Highways



Caroline Russell
caroline.russell@ingatestone-fryerningpc.gov.uk
Facilities, Legal & Finance, Personnel, Planning & Highways



Darryl Sankey
darryl.sankey@ingatestone-fryerningpc.gov.uk
NPIC, Personnel, Planning & Highways



Graham Tullett
graham.tullett@ingatestone-fryerningpc.gov.uk
Facilities, Planning & Highways



Rawnie Whittow-Williams
rawnne.whittowwilliams@ingatestone-fryerningpc.gov.uk
Facilities, Legal & Finance



Jane Winter
jane.winter@ingatestone-fryerningpc.gov.uk
NPIC, Planning & Highways

PARISH COUNCIL STAFF EMPLOYEES



Abi Wood PSLCC,
Cert HE Community Governance, CiLCA
Parish Clerk & RFO to the Council



Rosemary Spouge CiLCA
Assistant Clerk



Anna Zakharyeva
Communications & Projects Clerk



Alan Wright
Parish Caretaker

FRONT COVER



Cover imagery by Anna Zakharyeva

PARISH OFFICE

Suite 2, 4 The Limes, Ingatestone,
Essex CM4 0BE

Tel: 01277 676 759

www.ingatestone-fryerningpc.gov.uk

Open Tuesday to Thursday 9:00–17:00
(excluding Christmas period).

Please note that sometimes due to
holidays, opening times may differ.

— LETTER FROM THE CHAIR



Like many residents, I assume, I was delighted to discover that the Sunday Times informed its readers that Ingatestone was the second best location in which to live in the whole of eastern region. The journalists who visited singled out many of special features of our village, yet ironically omitted our railway station, a feature that has served this community for 175 years and I'd suggest is a prime reason why many residents chose to settle here.

This has been a busy few months for the parish council, and in this edition of our newsletter, you'll find greater detail on a number of developments. I will therefore be selective.

We consulted local residents in and around New Road regarding anti-social parking around the corner of that road that was destroying the verge. The overwhelming response was in favour of us positioning planters in that area to prevent such parking. We now have the agreement of Essex Highways and await the final paperwork before purchasing & installing them.

In the last few weeks, we have received £37,825.00 as a result of what is known as S106 funding. These funds came from the property developers who built housing in Bell Mead. These funds were held by Brentwood Council but released to us so that we can continue to develop facilities at Seymour Field. We are levelling and enlarging the second football pitch. This will allow us to cope with the increased demand and also 'rest a pitch' from time to time to allow repairs and essential maintenance. The works will be undertaken by our Grounds Maintenance contractor JPB Landscapes during the optimum grass growing season and into the summer break. The rest of the S106 funds will be used to improve & expand the parking area at Seymour Field.

In recent months the Parish Council has discussed and allocated funds in the new financial year to purchase two speed cameras for use in the High Street. These cameras indicate the speed of a vehicle, with a request to 'slow down' if the speed limit is being exceeded. These cameras also collect data to enable us to record & publicise the number of vehicles exceeding the speed limit. These cameras will hopefully provide us with the evidence required to lobby for a greater level of enforcement. However before the cameras can be installed we require the support of Essex Highways, which is currently being sought.

We are pressing ahead with plans for the Summer Show 2024 - please save the date: Saturday 20th July.

As Spring arrives, I'd like to thank Circles Alt-Ed who have undertaken the planting of the planters along the High Street and the flower beds in front of the Church - I have received positive feedback from residents who have enjoyed seeing the bulbs and plants emerge over the past weeks.

Finally, local borough elections are taking place on 2 May, where this year all three borough councillors will be elected. The polling station for residents at the Heybridge end of the village has been altered, involving a significant journey to Mountnessing. If this causes you an inconvenience, please consider applying for a postal or proxy vote - details are available on the Brentwood Council website: www.brentwood.gov.uk/postal-and-proxy-votes

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@Ingatestone_fryerningpc



@IngFryPC

New Trees in Fairfield

In March, Brentwood Borough Council planted the new trees on Fairfield, free of charge. IFPC managed to get a total of six instead of the pre-arranged four:

- 2 x prunus
- 2 x sorbus
- 1 x silver birch
- 1 x hornbeam

Additionally, 17 new trees have been planted over the back of the pond. The trees were planted with tree stakes in a line using the existing cherry and other more established tree as a marker so won't affect the cricket outfield.

IFPC are currently purchasing watering bags – at the moment, there is no need for additional watering.

We would kindly ask all residents to be mindful of the trees and not knock or otherwise damage them.



Tetra Pak Collection

For some years now, IFPC has funded the tetra pak recycling banks situated in Budgens car park, with the support & agreement of the store manager, Mr Taylor. The banks are emptied on a monthly basis. Unfortunately, the company that collects the contents of the containers can't visit more regularly. Often, residents leave extra bags of cartons that didn't fit beside the containers.

Please note that these bags DO NOT GET COLLECTED as part of the tetra pak recycling service, and instead go to landfill with general rubbish.

IFPC and Budgens strongly encourage the residents to flatten all tetra pak cartons before putting them in the container – it will increase the number of packs that each container can hold. **PLEASE DO NOT LEAVE BAGS OF CARTONS BESIDE THE BANKS AS THEY WILL NOT BE COLLECTED.**

IFPC are continuing to lobby this matter with Brentwood Borough Council – we would be happy to see arrangements for banks to be located around the borough in available car parks etc.

IFPC Grants

IFPC provide a small grant scheme for local organisations to help them with their projects and events. For the financial year 2023/24, IFPC made the following awards:

- Durning FC: £711.90 for football kit and equipment
- Ingatestone Bowling Club: £750 to help with the installation of a new watering pump
- Elim Food Bank: £750 to purchase provisions and a microwave
- Helen Rollason Cancer Charity: £336 to pay for hall hire for their pop-up Charity Shop trial
- Ingatestone and Fryerning Angling Club: £750 to help with ground works at their fishing lake
- Ingatestone Museum: £750 for running costs for the year
- Ingatestone Allotment Association: £750 for the erection of a potting shed at their Stock Lane Allotment site

The grant scheme for 2024/25 is now open for new applications. Applications are for a maximum award of £750 and the application form and guidance can be found on our website or by contacting the office.

Safe Routes – Footpath 38: Update

As residents will know from previous newsletter reports, the Neighbourhood Plan Implementation Committee has been working to improve the footpath, in particular making it 'safer', i.e. less dark and less overgrown.

Essex Highways, the responsible authority for the footpath, have agreed to remove the metal barriers at the station end to improve access for wheelchairs, prams etc. to reach the High Street, Fairfield and the Church without using the narrow High Street pavements. They are also reviewing the sufficiency of the lamp posts to ensure the footpath is lit adequately.

During the last year, Circles Alternative Education, a community interest company providing opportunities for 11-16 year olds at risk of exclusion from school, was contracted to help make the improvements needed. The footpath was cleared of overgrown vegetation, and they will continue their clearance of the land at the end of Bell Mead which is becoming a woodland garden with seating.

Recently, the business (REAL8), which owns the premises adjacent to the footpath on the railway line side, received planning permission to extend their office premises.

The increase in staff using the space will require remodelling of their car park and the building of a brick wall the length of their property, excluding the beginning from the railway car park to the first bend. The planning application included a landscaping scheme that contained the planting of six larger growing trees, six smaller varieties to mitigate the loss of the existing trees, which were considered to be relatively small specimens, and was considered acceptable to the Brentwood Council's Arboricultural Officer. The approved plans identify that the retaining wall will be set within the boundary of the site and not extend beyond their land. The tree lined footpath that runs along the western boundary will maintain a green belt between the development and the rear residential gardens in Post Office Road and The Paddocks. The existing hedge along the southern boundary is proposed to be partially retained.

The Climate Emergency Working Group is looking to increase the use of the green space in the village. If you wish to help with this either as a member of the Group or as a volunteer to help with land clearance and planting, or have future suggestions to green our village please contact the Parish Office in the first instance.

Circles Alt Ed: New Plants at Bell Mead

In March, Circles Alternative Education planted a mixture of UK native ferns in the Bell Mead garden, including Broad buckler, Lady Fern, Harts-Tongue, Soft shield Fern and Male Fern.

The Lady fern and the Male ferns help each other pollinate and grow – they have already been pollinated, but as the weather stayed cold for a long time this year, the Male ferns have been delayed on the order. These will follow shortly to allow them to grow to a size which is viable for travelling; they will then also be planted in the area.

IFPC would like to ask the residents to please be mindful of the plants, not pull or ruin them and to allow them to establish and grow.



Phone Box ➡ Landing Library

This year, IFPC arranged for the phone box at the end of the High Street to be repaired (many thanks to the Community Centre for their support during the works) – we now have plans for its new use as a lending library: a swapping place for books, DVDs, leaflets etc. While being preserved as a cherished part of Ingatestone's history, we hope it will also prove useful for those elderly residents who may find it difficult to walk to the library at the other end of the village.

Fairfield Playground and Pitch Win Silver Awards

IFPC is delighted to have been granted a silver award by Essex Playing Fields Association in three categories:

- the Gerald Snook Award for Children's Playgrounds (Fairfield Playground)
- Playing Fields Serving a Population of 2500 and More (Fairfield Recreation Ground)
- Best Kept Cricket Pitch (Fairfield pitch – thanks to its maintenance by Ingatestone Cricket Club!)

Best Kept Playing Field Competition was first held in 1971 and is regarded as one of the greatest competitions to celebrate outdoor play areas and sports ground across the county, with an excess of 260 entries every year.



Booking System for Essex Recycling Centres Remains

Essex County Council decided to keep the booking process for cars and vans at all Essex sites permanently. Blue Badge holders, pedestrians and cyclists are not required to book. Please visit the link to see the results of the consultation: consultations.essex.gov.uk/rci/essex-recycling-centre-vehicle-bookings

New Pop-Up Charity Shop

Following last year's survey, many residents expressed a desire for a charity shop in our village. We are thrilled to announce the opening of a Pop-Up Charity Shop starting 30th May, made possible with the support of an IFPC grant covering room hire.

The pop-ups will be held at St Edmund & St Mary's Church Parish Rooms in Stock Lane. Save the dates for the first few pop-ups, and we hope you enjoy it!

Discover Treasures at Our Pop-Up Charity Shop in Ingatestone

Discover treasures at St Edmund & St Marys Church Parish Room, Stock Lane (CM4 9DU).

Thursday 30th May 2024
Thursday 27th June 2024
Thursday 25th July 2024
Thursday 26th September 2024

From 10 AM to 4 PM. Enjoy tea, coffee, and cakes.
Donations welcome from 10 AM to 2 PM. Shop for a cause and support those locally living with cancer.

Registered Charity No: 1052861
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Helen Rollason Cancer Charity

Donate to Local Food Bank

Consider donating to Brentwood Foodbank – Trussell Trust: the number of people in need of food banks is going up all the time. You can drop your donations off at the Ingatestone Budgens.

Brentwood Foodbank – Trussell Trust
Find us at
Doddinghurst Road
Community Church

Brentwood foodbank

Shopping List For April 2024

<p>Tinned Goods</p> <p>Tinned Vegetables Tinned Soups Tinned Fruit Tinned Tuna/Salmon/Sardines Tinned Tomatoes Tinned Meatballs Tinned Spaghetti Tinned Custard</p> <p>Other Food Items</p> <p>Bags Of Rice Sugar Biscuits Coffee Jars Of Pasta Sauce</p>	<p>Toiletries</p> <p>Shampoo Shower Gel Deodorants Toothpaste Sanitary Towels</p> <p>Carrier Bags</p> <p>Urgent</p>
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Ingatestone Summer Show - A Day of Family Fun!

Saturday 20 July, Seymour Field, 12.30 - 17.00

IFPC have been busy with preparations for the biggest village event of the year - **Ingatestone Summer Show** taking place on **20 July 2024**! Save the date and come down to the Seymour field to celebrate summer and the end of the school year.

Highlights of the day:

- Fun Fair: enjoy small dodgems, inflatable slides, play centre, bungee trampolines and other rides
- Sports Activities: get active with a range of sports activities for all ages from local sports clubs
- Children's Dances & Races: watch the little ones in action, cheer them on and dance along
- Dog Show: enter with your dog or watch others showcase their skills and charm.
- Alpacas: no words needed!
- Artisan Stalls: discover unique treasures and handcrafted goods by local makers.
- Live Choir: sing along to the classic and modern melodies with the local Sound Collective choir
- Hot-Dogs and BBQ: savor delicious hot-dogs and burgers brought to you by the local Scouts and Explorers
- Bar: enjoy a refreshing beverage from the bar run by the I&F Cricket Club
- Tea and Cake: indulge your sweet tooth with lovely tea and cake from Home Comfort Catering
- Ice Cream Van: cool down with a sweet treat from our regular van
- Tombola: Test your luck and win exciting prizes
- Local Groups (Beavers, Brownies, Scouts, Guides and more) and Clubs: support our community's youth and local organisations as they showcase their activities
- Local Charities: learn about and contribute to the causes that make a difference in our community

...and lots more!

Want to run a stall?

Get in touch on comms@ingatestonefryerningpc.gov.uk or call 01277 676759

Outdoor Gym in Seymour Field

IFPC are glad to announce that we have been successful in obtaining a grant of over £16,000 for the installation of an outdoor gym at Seymour Field. The award has come from the UK Shared Prosperity Fund via Brentwood Borough Council and the UK Government and focusses on providing improved sporting facilities for the area. More details will be provided later but it is anticipated that the installation will take place at the end of July.



Identifying the Right Authority for Your Concerns

IFPC are often contacted as the first port of call for all manner of parish issues and concerns. Whilst there are many public services that the Parish Council do not have the legal power to deal with, it is likely that your issue can be dealt with by one of the following authorities: Brentwood Borough Council, Essex County Council or Essex Highways. Please find below a list of who does what – for more information and contacts, please refer to the **p. 15 – Useful Local Contacts**. If you still need our help, contact our office on 01277 676759 (Tuesday – Thursday, 9.00–17.00) or email comms@ingatestone-fryerningpc.gov.uk

Ingatestone and Fryerning Parish Council

- Full maintenance of Fairfield and both churchyards up to the High Street – hedges, grass (except the cricket outfield, furniture, trees)
- Full maintenance of play equipment at Fairfield
- Maintenance and rental of Seymour Pavilion
- Emptying of parish council owned bins
- Providing Tetra Pak collection service
- Total maintenance of the Fryerning Cemetery and its Lychgate – hedges, grass, furniture, trees

IFPC DO NOT HAVE THE LEGAL POWER TO:

- Fix potholes (report: essexhighways.org/tell-us)
- Issue Blue Badges (contact Essex County Council)
- Issue parking permits and sort parking issues (contact Essex Parking Partnership)
- Suspend parking bays (contact National Highways)
- Cut hedges (contact Brentwood Borough Council)

Brentwood Borough Council - 01277 312500 brentwood.gov.uk/contact-us-online

For BBC owned land only:

- Hedges and their cutting
- Cutting back vegetation, including site lines and hedges
- Planting trees and shrubs and subsequent pruning
- Painting play equipment, litter bins, benches and railings
- Blitz litter picking and bubble-gum removal
- Graffiti removal
- Picking up fly tips
- Bin emptying and litter picking on Council land and roads (every 12 weeks)
- Clearing broken glass
- High hedges complaints on private land



Essex Highways - 0345 603 7631 www.essexhighways.org/tell-us

- Dealing with paths and footpaths
- Clearing and recycling untidy areas
- Sign cleaning; removing unlawful signs
- Street clutter
- Clearing overgrowth; hedge trimming
- Simple road repairs
- Poor roadside drainage

Essex County Council - 0345 743 0430 www.essex.gov.uk/contact-us

- Repairing potholes
- Grass cutting on highway verges (Spring / Summer months)
- Rural area grass verges
- Weed spraying in some urban areas
- Trees and hedges on road verges (uprooted, fallen trees, broken branches, dead/dying/diseased trees, obscuring sight lines, falling leaves and fruit, obstruction of phone lines)
- Unblocking gullies
- Mending broken kerbs

Essex County Council DO NOT look after trees, hedges and shrubs on private land that is next to roads and pavements – only alongside public roads. Brentwood Borough Council are responsible for vegetation on their land.

Artisan Ingatestone Brings Spring to the Village

The Artisan Ingatestone Spring Market 2024 was quite the event, showing us all that a little weather variety can't keep a good market down. It was lovely to see so many people turn out to support local businesses, come rain or shine... or hail!

This year, a record number of High Street businesses rolled out special offers. Lots of regulars and a few new stalls participated in the event; there was also some great music and a few surprises along the way, making for a memorable day out for everyone involved. The market was supported by IFPC, Brentwood Connected, the unique Business Improvement District (BID) in Brentwood, Shenfield and Ingatestone and Brentwood Borough Council. Thank you to everyone who came to the market to discover some of Essex's best artisan makers and support local in our High Street!

Keep your calendars open for:

15th June: a mini Artisan Market as part of the Brentwood Art Trail that will take place 1-30 June across Ingatestone, Shenfield and Brentwood.

9th November: Winter Artisan Ingatestone back at the Community Centre.



Anglo Celebrate 50th Anniversary: 21 June, 4-8 PM

To mark their 50th anniversary, Anglo European School will be inviting ex-students, ex-staff, ex-parents and anyone who has been part of the Anglo Family to join the school for a celebration evening – there will be an exhibition of historical artefacts, which have been stored in the Essex Record Office, and other historical exhibits of the local area from Anglo's ex-student and friend to the school, Robert Fletcher. There are also plans to put together a memory wall of all the visits that students have taken part in – so, if you were a student and remember going on a school visit or exchange, have a rummage through the loft and see if you can find some photos to share. These can be emailed in and the school will get them printed. Thousands of students have been on visits over the years, and the school is hoping to create something memorable to celebrate this.

Help Make Ingatestone Plastic Bag Free

In February, IFPC were contacted by Louis Porter, a student of the Anglo European school, who lives in Ingatestone and is working on a campaign to make our village plastic bag free (please find his article below). He was invited to attend our Climate Emergency Working Group meeting where he presented his ideas – they were keenly met by our councillors, who were happy to support Louis in his campaigning. IFPC are currently working on possible ways to help him bring those ideas to life and will publish the updates soon.

Bring it, Borrow it, Bag it! *by Louis Porter*

I don't think I need to explain how incredibly damaging plastic pollution has been to our oceans, forests, and local environment. If you went now to your local forest, you would likely find a shameful amount waste littered everywhere, lying on the ground, unsightly and dangerous.

Furthermore, the damage this litter does to our wildlife is unforgivable! Just a couple of weeks ago, the 'South Essex wildlife hospital' in Orsett stated that "thousands of animals are being killed each year because of litter" and the RSPCA explained that they have received, in the last three years, over ten thousand reports of animals being injured or killed due to discarded litter. I find this inexcusable and distressing.

When considering these situations, it's easy to disassociate and think that there is nothing we can do. However, recently, I discovered that Penzance in Cornwall has successfully made their town plastic bag free, and I thought "What's stopping us, here in Ingatestone?" Taking inspiration from the campaign done in Penzance, I took an idea to the parish council.

I would like to introduce a 'bag borrowing scheme', possibly based at the phone box outside the community centre. From a survey I took from a cross-section of Ingatestoners, I found that most people who use plastic bags do so because they forget to bring a reusable bag and don't have an alternative. This scheme aims to resolve that issue. With the help of the parish council, we intend to use the phone box as a 'drop-off/pick-up point' for reusable bags. A stock of reusable bags will be held there, and anybody who has forgotten their bag can pick one up and keep it to use in the future, or return it when it is no longer needed. Conversely, those with a large excess of reusable bags can donate them to the scheme by dropping them off at the phone box.



I truly believe that by implementing this simple scheme, we can eradicate the use of single-use plastic bags in Ingatestone. Suggestions or feedback on how to enhance this idea, or any questions, are welcome and can be directed to the parish council.

Spring into Action: Discover Essex's Best Walks

As April unfolds, it's the perfect opportunity to venture along new paths, breathe in the fresh air, and engage in exciting scavenger hunts. Embrace the warmth (which is hopefully here to stay!) by discovering the best walking spots near you – visit www.explore-essex.com, enter your postcode and unlock a treasure trove of scenic routes and hidden gems near you, along with great events and activities. Let's make the most of the outdoors this spring!



Fly-Tipping: Consequences & How to Report

Fly-tipping is the illegal dumping of waste - anything from fridges or washing machines, to black bin bags and boxes - and it's a growing problem in Essex, including the Brentwood Borough. Fly-tipping is considered an **environmental crime**. If someone is found guilty of fly-tipping they could face **imprisonment or a fine of up to £50,000**.

Householders and businesses have a duty to take all reasonable measures to ensure that waste produced is only transferred to an authorised person. An authorised person includes the local authority that provides your normal waste collection service.

Report a fly-tip

The most important rule to remember is not to approach anybody flytipping. The flytippers are carrying out an illegal act and may become violent.

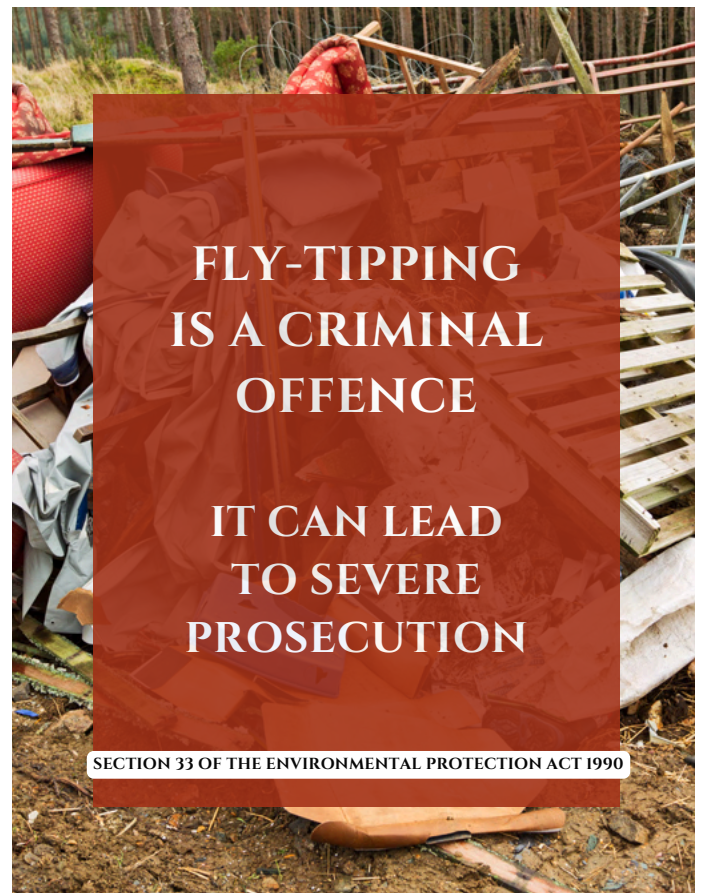
Note the following:

- Location, date and time (What time did the offence start? How long did the fly-tip take?)
- Details of the fly-tippers (What they looked like, Did you recognise them?)
- Description of the vehicle (Make, colour and registration)
- What was your location when viewing the fly-tip? (How far away and could you see clearly)
- What was dumped? (Do not touch the waste and do not remove any evidence)
- How much was dumped?
- What was the weather like? (Clear, cloudy, dark)
- Was anyone else with you?

Have Your Say: Women's Safety in Public Spaces in Essex

The survey run by Safer Essex, Essex Police, Essex County Fire & Rescue Services and other authorities is open to all Essex residents and visitors to have their say and raise any public safety concerns or issues affecting the safety of women and girls, with a focus on location and public places. Although aimed mainly at women and girls, feedback from **anyone** who has experienced gender-based violence, abuse or harassment in the county is welcome. Go to essexcommsafety.commonplace.is, find an interactive map and drop a pin on a particular area that you feel safe or unsafe in - and comment why.

Survey runs until **30 June**.



Brentwood Borough Council

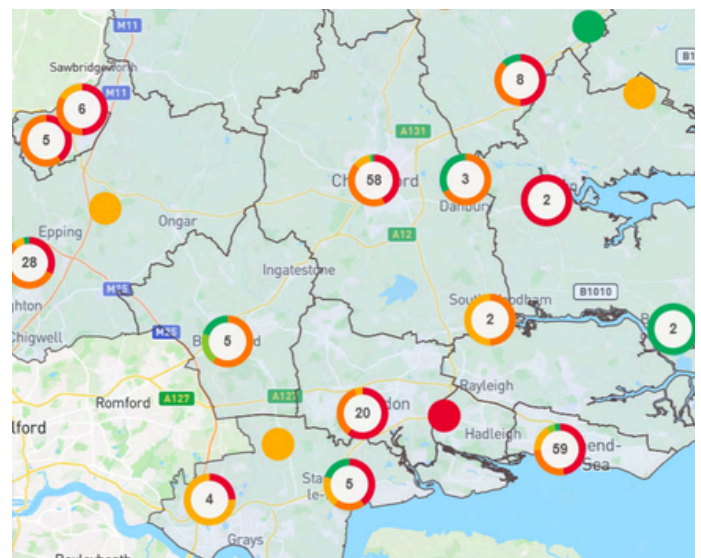
Call [01277 312500](tel:01277312500) to report fly-tips or use the form on their website: www.brentwood.gov.uk/fly-tipping

Environmental Agency

Call 03708 506 506 (General Enquiries) to report

Crimestoppers

Call 0800 555 111 to report larger fly-tips



Ingatestone Bowling Club Seeks New Members *by John Woodhouse*

Now that spring has arrived it's time to get out there and get some fresh air and some long-awaited gentle exercise. It's also important to renew old acquaintances and perhaps make new ones, so why not give us a visit at the local bowls club, at the rear of the carpark at the community centre in the High Street, Ingatestone.

We are inviting anybody who would like to try their hand to come along on any Sunday morning in May at 10am and have a bit of fun. If you have never played bowls, you've been missing out on one of life's pleasures. Well before the days of Sir Frances Drake, or was it Sir Walter Raleigh, tried their hand at this gentle sport prior to defeating the Spanish Armada and setting up his own bicycle manufacturing company this sport has been thriving while still being the village's best kept secret, but I can promise our cakes and biscuits are not that old.

New members subscriptions are discounted at 50% for the first year. All the necessary equipment will be provided including a rewarding cup of tea and a chat with members, who don't bite. All coaching is provided by qualified coaches supported by numerous long-term members.

The best thing about bowls is that it's so easy to start, all you need is a pair of flat soled shoes and who knows - you may be a natural. No matter how good or bad you are, we would love to see both men and women on one of our newbie Sunday mornings open days in May.

To find out more about us go to www.ingatestonebowlingclub.co.uk - and I can assure you encouragement in this club is completely free of charge to all. Plus, thanks to the Parish Council we now have a new fully functioning irrigation system in operation, so our green is ready for this year's session.



Join Your Local Choir: Friday, 1 PM, Community Centre

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TIPTREE
CHOIRS
DANBURY &
INGATESTONE

being a part of
something special
makes you special

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CHOIR

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STYLES
FROM ALL ERAS

tsc.sound@gmail.com
www.thesoundcollective.co.uk



Come along to sing with the Sound Collective Chorus! New season has just started.

Great songs, good vibes, friendly and fun atmosphere and lots of events to sing at and opportunities to socialise outside of sessions.

Any ability welcome. First session free.

Check the website for more information:
www.thesoundcollective.co.uk
Get in touch on tsc.sound@gmail.com





**BECOME A MEMBER OF INGATESTONE & FRYERNING CC
AND JOIN OUR EVER GROWING CLUB**

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- ✓ PRE-SEASON & WEEKLY NETS
- ✓ SUNDAY FRIENDLY TEAM
- ✓ THRIVING YOUTH SECTION
- ✓ CENTRE OF THE COMMUNITY
- ✓ ALL STARS & DYNAMOS
- ✓ ECB CERTIFIED COACHES
- ✓ SOCIAL EVENTS & LICENSED BAR
- ✓ LIVE ONLINE SCORING

FB: INGATESTONE CRICKET CLUB
INSTAGRAM: INGATESTONEFRYERNINGCC
EMAIL: ENQUIRES@IFCC.CO.UK

X: @INGATESTONECC
WEBSITE: WWW.IFCC.CO.UK

FRIDAY EVENING CRICKET TRAINING

Join us every Friday evening as we host weekly training sessions at the Anglo European School sports hall. These sessions are run and organised by ECB accredited Level 2 coaches, Danny and Grace.

Classes are for both BOYS and GIRLS.

We host 6x sessions over a 3 hour period from 4-7pm.

- 4-5pm - U7s & U9s MIXED
- 5-6pm - U11s MIXED & 12-15 GIRLS
- 6-7pm - U13s BOYS & U15s BOYS

If you wish to join us, email us at: youthcricket@ifcc.co.uk

Sessions cost £32.50 monthly or £7.50 per session.

Monthly costs include family membership. Sessions will be outside in the summer months.

Autumn-Spring Location:
Anglo European School
Willow Green,
Ingatstone CM4 0DJ

Summer Location:
Ingatstone & Fryerning CC
Fairfield, The Limes,
Ingatstone CM4 0BS

Twitter: @ingatstonecc
Website: www.ifcc.co.uk

Instagram: [ingatstonefryerningcc](https://www.instagram.com/ingatstonefryerningcc)
Email: youthcricket@ifcc.co.uk

Get in touch: enquiries@ifcc.co.uk (for adult cricket) or youthcricket@ifcc.co.uk
Visit the website for more information on adult & junior coaching: www.ifcc.co.uk

Learn to Play Tennis

Ingatstone & Fryerning Tennis Club

SYSTEM-9
TENNIS PLAYER COACH EDUCATION

LEARN THE BASICS OF TENNIS

MONDAY 15TH APRIL 09.15-10.15
THURSDAY 18TH APRIL 20.00-21.00
MAX. 6 PER SESSION FOR A 6-WEEK COURSE

Haven't played for a while or are you just picking up the game? This is the class for you to build your skills. Open to adults.

BOOK ONLINE

<https://clubspark.lta.org.uk/IngatstoneFryerningTennisClub/Coaching>

INGATESTONE & FRYERNING JUNIOR TENNIS PROGRAMME

Tennis is the sport that will give school and life skills.



SCAN HERE
TO TRY A
FREE LESSON



TUESDAY
3.30 BLUE BALL (4-5 YRS)
4.15 RED BALL (5-8 YRS)
5.15 GREEN/YELLOW BALL (10+ YRS)

THURSDAY
3.30 RED BALL (5-8 YRS)
4.30 ORANGE/GREEN BALL (7-10 YRS)

FRIDAY
3.30 RED BALL (5-8 YRS)
4.30 ORANGE BALL (7-9 YRS)

SATURDAY
09.00 RED BALL (5-8 YRS)
10.00 ORANGE BALL (7-9 YRS)
11.00 GREEN/YELLOW BALL (10+ YRS)

**TRY 2 FREE LESSONS
BEFORE DECIDING TO
JOIN THE MAIN PROGRAMME**

Get in touch: ingatstonetennis@hotmail.co.uk or 07870 279625

Visit the website clubspark.lta.org.uk/IngatstoneFryerningTennisClub/Coaching for more information on adult & junior coaching, to book a court or buy a membership.

The courts are situated at the rear of the Community Club (7 High Street, Ingatstone, CM4 9ED)

COMMUNITY NOTICEBOARD

Camera Club

19 April An evening around Ingatestone: Bring Cameras & Tripods
26 April Knockout Competition: SKO
3 May Ideas to help build next season's program
10 May Digital & Print Images of the year
17 May EAF Portfolio, see the best pics in East Anglia
 Too see the full programme and find out how to become a member, visit www.ingatestonecamera.club

Affiliated to
the PAGB
through the
EAF



**Ingatestone and
District Camera Club**

Visit www.ingatestone-fryerningpc.gov.uk/local-info for the full list of clubs and events.

Community Centre

Coffee Morning

INGATESTONE COMMUNITY CENTRE In the main hall

Every Tuesday
10 am - 12 noon

A friendly welcoming atmosphere.
Come alone or bring a friend.

Contact 01277 352064
welcome@ifcc.org.uk

Over 60's Lunches Every Thursday
 Arrive any time between 12noon and 1:30pm. Two courses with tea or coffee, £10. Pre-booking advised.

More at the Community Club

Monday	Wednesday
Powerhoops 6-6.45 pm	NEW Seated Yoga 10.15-12.15 am
Aerobics 7-8 pm	Aerobics 7-8 pm
Friday	Saturday
Pilates 9.30-10.30 am	NEW The Dance Co* 9.30-1 pm

Community Cinema

INGATESTONE COMMUNITY CINEMA PRESENTS



THURSDAY 18TH APRIL, 2.30PM

DOORS OPEN 30 MINUTES BEFORE SHOW STARTS

OPPENHEIMER (15)

2023 AWARD WINNING EPIC BIOGRAPHICAL THRILLER ABOUT J. ROBERT OPPENHEIMER, THE THEORETICAL PHYSICIST CREDITED WITH BEING THE 'FATHER OF THE ATOMIC BOMB'.

RUNNING TIME: 180 MINS PLUS INTERVAL

THURSDAY 16TH MAY, 2.30PM

DOORS OPEN 30 MINUTES BEFORE SHOW STARTS

YESTERDAY (12)

2019 MUSICAL ROMANTIC COMEDY FILM DIRECTED BY DANNY BOYLE AND WRITTEN BY RICHARD CURTIS. HIMESH PATE STARS AS STRUGGLING MUSICIAN JACK MALIK WHO SUDDENLY FINDS HIMSELF AS THE ONLY PERSON WHO REMEMBERS THE BEATLES AND BECOMES FAMOUS FOR PERFORMING THEIR SONGS.

RUNNING TIME: 116 MINS



THURSDAY 20TH JUNE, 2.30PM

DOORS OPEN 30 MINUTES BEFORE SHOW STARTS

THE GREAT ESCAPER (12)

2023 BIOGRAPHICAL DRAMA FILM STARRING MICHAEL CAINE AND GLENDA JACKSON. IT IS BASED ON THE TRUE STORY OF 89-YEAR-OLD BRITISH WORLD WAR II ROYAL NAVY VETERAN BERNARD JORDAN WHO 'BROKE OUT' OF HIS NURSING HOME TO ATTEND THE 70TH ANNIVERSARY D-DAY COMMEMORATIONS IN FRANCE IN JUNE 1944.

RUNNING TIME: 96 MINS

TICKETS £5 MEMBERS £7 NON-MEMBERS
 AVAILABLE FROM IFCA OFFICE OR CALL 01277 352064

FUNDRAISING FOR ESSENTIAL BUILDING MAINTENANCE & REPAIRS

*The Dance Co - Inclusive Dance School for ages 4-16+.
www.thedance-co.co.uk
 07534 997323

Visit www.ifcc.org.uk to see all upcoming classes and events at the Community Club.

— USEFUL LOCAL CONTACTS

You can contact **Essex County Council** for the following:

- General enquiries – 03457 430 430 or contact@essex.gov.uk
- Environmental issues: local flooding, conservation areas, emergency planning and more – 0345 43 0430
- Potholes – 0345 603 7631 or www.essexhighways.org/Report-a-problem.aspx
- Highways – 0345 603 7631 or text 0345 758 5592
- Blue badges – 0345 603 7630 or blue.badge@essex.gov.uk
- Bus passes – 0345 200 0388
- Schools – 0345 603 2200
- Social services – 0345 603 7630
- Protection for children & adults – 0345 606 1212
- Adult community learning – 0345 603 7635
- Births, ceremonies and deaths – 0345 603 7632
- Family information service – early years' education and paying for childcare – 0800 055 6874

Essex County Councillor

Lesley Wagland – cllr.lesley.wagland@essex.gov.uk

You can contact **Brentwood Borough Council** for the following:

- Fly tipping – 01277 312 500 or www.brentwood.gov.uk/index.php?cid=370
- Environmental health: Dog warden, food safety, health & safety, noise, pollution – 01277 312500
- Housing: Applications, sheltered and special needs, transfers – 01277 312500
- Homeless enquiries – 01277 312500
- Operational services: Cemeteries (other than Fryerning Cemetery), grass cutting, parks and countryside, refuse and bulky waste collections, recycling, trees (council) – 01277 312500
- Planning: Advice, applications, listed buildings, trees (on private land or with preservation orders) – 01277 312500
- Parking (car parks) eg fines or season tickets – 01277 312583
- Parking (on street) eg fines and resident permits – 01245 606710

Brentwood Borough Councillors

Darryl Sankey – darryl.sankey@brentwood.gov.uk
Hugh Gorton – hugh.gorton@brentwood.gov.uk
Lesley Wagland – cllr.lesley.wagland@essex.gov.uk

All Parish Council meetings are open to the press and public. All agendas are posted on our website **www.ingatestone-fryerningpc.gov.uk** and on the noticeboards three clear days before the meeting. Minutes of all meetings are available on the Parish Council website, Ingatestone Library and from the Parish Council office.

Members of the public are entitled and welcome to join in our meetings to ask questions or raise concerns. You can also participate remotely via Zoom – let us know in advance so we can set it up and send you the link to join the meeting.

Meetings can be subject to change, and it is advisable to check the noticeboard and website in advance of the meeting for up to date agendas and information.

Don't forget to **sign up for our monthly E-newsletter** to keep track of our projects and village activities! You can do it by filling a short form on the front page of our website or by using the QR-code below:



TUESDAY ROUTE 7

APRIL 2024

2 9 16 23 30

JUNE 2024

4 11 18 25

AUGUST 2024

6 13 20 27

OCTOBER 2024

1 8 15 22 29

 **WHITE** Recycling Sack
(cans & plastic),
Food Waste & Refuse

MAY 2024

7 14 21 28

JULY 2024

2 9 16 23 30

SEPTEMBER 2024

3 10 17 24

NOVEMBER 2024

5 12 19 26

 **BLUE** Recycling Sack
(paper & card), Food Waste,
Refuse, Glass & Garden Waste

SATURDAY ROUTE 2B

APRIL 2024

6 13 20 27

JUNE 2024


1 8 15 22 29

AUGUST 2024

3 10 17 24 31

OCTOBER 2024

5 12 19 26

 **WHITE** Recycling Sack
(cans & plastic), Food Waste,
Refuse, Glass & Garden Waste

MAY 2024

4 11 18 25

JULY 2024


6 13 20 27

SEPTEMBER 2024

7 14 21 28

NOVEMBER 2024

2 9 16 23 30

 **BLUE** Recycling Sack
(paper & card), Food Waste
& Refuse

Recycling, Food Waste and Refuse must be made available at 7.30 am on the correct collection day and placed on the kerbside at the front of your property. **For further information, please visit www.brentwood.gov.uk or call 01277 312500**